

October 2006



# The Hudson Resource

A bilingual newsletter for people with developmental disabilities / Boletín Informativo Para Personas con Incapacidades



**Sandra Vasquez**  
Director / Directora

The Arc of New Jersey in Hudson County had a very productive year. I am very excited to report on all our accomplishments.

♦ The Advisory Committee elected a new chair person, Union City Commissioner Christopher Irizarry. Mr. Irizarry is committed to helping The Arc of New Jersey in Hudson County move forward. We are pleased to have such a dedicated member heading up the committee. Other members include Vice Chair, Diane Vasquez; Treasurer, Ruby Vages; Secretary, Susan Albistur; and members Rafael Pineda, Univision 41; Daniel Altilio, United Way of Hudson County; Juan Arroyo, New Jersey City University; Ms. Carmen Guerra, Teacher at Memorial High School; Mr. Joseph Lauro, Strategic Media Group; Lucia Sciancalepore, parent of child with intellectual and developmental disabilities; and Conrado C. Gonzalez, President of Financial Benefits. Thank you to all the Advisory Committee members for their support.

♦ "Step Up for The Arc - Walk 2006," was held on Saturday May 20, 2006 in James Braddock Park, North Bergen, NJ. More than 300 people attended the event which raised over \$30,000. Rafael Pineda, anchor from Univision 41 was the honorary spokesperson for the walk. We were extremely pleased to have him at our walkathon. His wonderful personality added to our event and made the day very special for the hundreds of people who attended. We thank Rafael and Univision 41 for their support of our most successful walkathon.

♦ Susan Mearns, Hudson County Division Chief from The Department of Finance and Administration, met with us to address current and past grant applications. Ms. Mearns' demonstrated her eagerness to support The Arc in Hudson County by referring a technical grant writer, James Adams, President, Corporate Concepts & Solutions Inc., to help us file new grant applications. Currently Mr. Adams is organizing a Fall fundraising cocktail party that will be held on October 26.

♦ The Advisory Committee drafted a long range plan which will facilitate our transition to an independent chapter of The Arc within the next 18 months.

♦ This year we have received additional funds from The NJ Division of Developmental Disabilities to expand our after school program to 14 consumers and four new staff members.

♦ I would like to personally thank Manual Soto Jr. for doing such a phenomenal job as acting director and for coordinating our walkathon during my leave of absence. Thanks to Mr. Soto, we held our most successful walkathon ever this year. His hard work and dedication is greatly appreciated.

♦ *El comité consultivo eligió a un nuevo presidente, Comisario de Union City, Christopher Irizarry. El Sr. Irizarry esta dedicado a ayudar The Arc of New Jersey en Hudson County con su misión para seguir adelante. Estamos orgullosos de tenerlo como miembro. Otros miembros, por ejemplo: Vicepresidente, Diane Vasquez, Tesorera, Ruby Vages, Secretaria, Susan Albistur, Rafael Pineda de Univision 41, Daniel Altilio de United Way of Hudson County, Juan Arroyo de New Jersey City University, Ms. Carmen Guerra, Maestra en Memorial High School, Sr. Joseph Lauro, de Strategic Media Group, Lucia Sciancalepore, padre de un niño con discapacidades intelectuales y del desarrollo, Conrado C Gonzalez, Presidente de Financial Benefits. Gracias a todos los miembros del comité consultivo por su ayuda.*

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## The Hudson Resource

is produced periodically throughout the year as a service to the members of The Arc of New Jersey in Hudson County.

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♦ "Step Up for The Arc - Walk 2006," ocurrió el 20 de Mayo del 2006, en el parque de James Braddock, en North Bergen, NJ. Con más de 300 personas presente en el evento, se colectó más de \$32,000. Rafael Pineda, locutor de Univision 41 y portavoz honorario de la caminata, apoyó este acontecimiento especial con su presencia. Estuvimos extremadamente satisfechos a tenerlo en nuestra caminata. Su personalidad maravillosa agregó tanta alegría a nuestro evento e hizo el día muy especial para todos presente. Les agradecemos a Rafael Pineda y Univision 41 por su ayuda en nuestra caminata más exitosa!

♦ Susan Mearns, jefa de la División de Hudson County del Ministerio de Finanzas y Administración nos reunimos para conversar sobre recientes y pasadas propuestas. La Sra. Mearns demostró su dedicación en ayudarnos al referir un escritor técnico de propuesta, el Sr. James Adams, Presidente de Corporate Concepts & Solutions Inc, para ayudarnos archivar nuevos usos de propuesta. El Sr. Adams está actualmente organizando un cóctel de rifa el 26 de Octubre..

♦ El comité consultivo compuso un plan que facilitará nuestra transición a un capítulo independiente los proximos 18 meses.

♦ Este año hemos recibido fondos adicionales de la Division de Developmental Dissibilities en NJ para expandir el programa después de la escuela a 14 niños y cuatro nuevos miembros al personal.

♦ Quiero personalmente agradecerle a Manuel Soto Jr. por que hizo un trabajo fenomenal como director temporal y coordinador de nuestra caminata durante mi ausencia. Gracias al Sr. Soto esta caminata tuvo un éxito notorio este ano. Su empeño y dedicación se aprecia profundamente.

## Meet the Staff Conosca los Empleados Del Programa



Manuel Soto Jr. HCRC Supervisor, Veronica Osorio, Assistant Supervisor. Technicians: Betis Ramos, Mayra Taveras, Candida Hernandez, and Sarai Valdivia.



After School Program/ Programa Despues de la Escuela  
Nadia Cabana, After-School Program Coordinator, After-School Program Aide: Cecilia Perez, Christopher Cartagena, Christina Regondola, Victorio Cervantes, and Belkis Ventura, On-Call After School Program Aide, Mercedes Romero

## Programs and Services Programas y Servicios

### Employment/Day Program

Serves consumers with intellectual and developmental disabilities in the community with employment and volunteer jobs.

### Programa De Empleo Durante el Dia

Ofrece servicios a individuos con discapacidades intelectuales y del desarrollo a travez de trabajos voluntarios y empleos en la comunidad.



### After School Program

Serves children ages 6-21 with intellectual and developmental disabilities with recreation, academic assistance and social skills.

### Programa Después De la Escuela

Para niños entre las edades de 6-21 años de edad con discapacidades intelectuales y del desarrollo a travez de recreacion, ayuda académica, y desenvolvimiento social.



### Family Support Voucher Program

A cash subsidy program that assists families with family members with intellectual and developmental disabilities.

Programa de ayuda monetaria a familias con miembros con discapacidades intelectuales y del desarrollo.

## Programs and Services Continued

### Information & Referral

Assists individuals with intellectual and developmental disabilities and their families with information about various organizations and state-funded services.

### Información & Referido

*Ayuda a individuos con discapacidades intelectuales, del desarrollo y sus familias con información sobre varias organizaciones y servicios proveído por el estado.*



### Family Support Group

Monthly meetings provide information for families through educational materials, guest speakers, and workshops. Also allows families to connect and share personal experiences in a compassionate and understanding setting.

### Grupo de Apoyo para la Familia

*Consiste en reuniones mensuales que provee información a las familias a través de materiales educativos, invitados, y talleres. También permite que las familias intercambien experiencias personales en un ambiente compasivo y comprensivo.*



### Recreational Program

Helps children and young adults with intellectual and developmental disabilities and their families develop social skills. The program also organizes a Halloween Party, Holiday Christmas Party and Annual Family Picnic.

### Programa de Recreación

*Para niños y adultos con discapacidades intelectuales y del desarrollo y para sus familias para ayudar a desarrollar habilidades sociales. El programa también organiza una fiesta del Día de las Brujas, una celebración de las Navidades, y una comida campestre anual.*



### The New Jersey Self-Advocacy Project

The Arc of Hudson County is opening its doors to the New Jersey Self-Advocacy Project, a special project of The Arc of New Jersey. The Self-Advocacy Project is committed to assisting people with intellectual and developmental disabilities in learning more about self-advocacy so that they can create positive changes in their lives. We are very proud to introduce the Self-Advocacy Project to individuals with developmental disabilities in the Hudson County community. If you are interested in learning more about fighting for your rights, using your voice, and making changes in your life, then become a self-advocate! Please contact Manuel Soto Jr., Self-Advocacy Meeting Coordinator at (201) 319-9225.

*The Arc of Hudson County esta abriendo sus puertas hacia el proyecto de Nueva Jersey llamado Self-Advocacy Project, un proyecto especial del The Arc of New Jersey. Este proyecto esta comprometido para proveer asistencia a los individuos con discapacidades intelectuales del desarrollo y a sus familias, para que aprendan mas sobre como abogar por si mismo para poder realizar cambios positivos en sus vidas. Queremos introducir el proyecto Self-Advocacy a nuestras familias en la comunidad de Hudson County. ¿Si usted esta interesado en aprender mas sobre como abogar por sus derechos, usando su voz, y haciendo cambios en su vida, entonces únase as este proyecto! Favor de contactarse con Manuel Soto, Coordinador de Reuniones del proyecto Self-Advocacy, al (201) 319-9225*

## Special Events / Eventos Especiales



### Annual Family Picnic / Fiesta Campestre para la Familia

Approximately 60 family members and consumers attended the event, including special guests Susan Mearns, Hudson County Department of Finance and Administration; Adrian Searight, Amerigroup; and James Adams, Corporate Concept & Solutions. Our special thanks to Carol Crystal, a certified massage therapist, who offered free and relaxing massage services for everyone.

*Aproximadamente 60 familias incluyendo niños y adultos participaron del acontecimiento, incluyendo Susan Mearns, Ministerio del Hudson County Department of Finance and Administration; Adrian Searight, de Amerigroup; y James Adams, Presidente de Corporate Concept & Solutions. También estuvimos extremadamente privilegiados de tener a Carol Crystal, una terapeuta certificada del masaje, ofreciendo servicios de masajes gratuitos que relajaron a todos lo presentes.*



### Holiday Party / Fiesta De Navidad

On December 23, 2005 we hosted our fun and exciting holiday party. We were pleased to have such a large group - about 50 families -gather together for our holiday festivities!

*El dia 23 de Diciembre del 2005 se celebros la fiesta de Navidad. ¿ Donde estuvo un grupo de cerca de 50 familias! La celebración fue un gran éxito.*

# THE WALK 2006 / LA CAMINATA 2006



## *Step Up for the Arc Walk 2006*

"Step Up For The Arc -Walk 2006" is an annual fundraising walkathon. It was a perfect morning on Saturday May 20, 2006 for over 300 people to come out and "Step Up" for The Arc of New Jersey in Hudson County. This is a great event for our members, families, volunteers, and program participants as walkers solicit pledges from their friends and family. The funds collected from the sponsors and walkers, which totaled more than \$32,000, will be used to support our programs and services for children and adults with intellectual and developmental disabilities and their families.

## *Caminata Anual 2006 del Arc*

"Step Up for The Arc- Walk 2006" es una caminata anual para coleccionar donaciones. La mañana del Sábado 20 de Mayo del 2006 fue el día perfecto para que más de 300 personas se reunieran a apoyar The Arc of New Jersey en Hudson County. Fue emocionante ver como nuestros miembros, familias, voluntarios, y participantes del programa apoyaban el evento. Los fondos coleccionados que sumo mas \$32,000, son utilizados para los programas y servicios de niños y adultos con discapacidades intelectuales y del desarrollo y sus familias.

## SPECIAL GUESTS / INVITADOS ESPECIALES



Rafael Pineda (center), Univision 41 anchor and honorary spokesperson for the walk with Tom Baffuto (right), Executive Director of The Arc of NJ

- ◆ Siverio Vega, Hudson County Freeholder
- ◆ James Adams, President Corporate Concepts & Solutions Inc.
- ◆ Daniel Altilio, President of United Way of Hudson County
- ◆ Ruby Vages, TD BankNorth
- ◆ Carmen Guerra, World Language Teacher at Memorial High School
- ◆ 5th Masonic District, GLONJ F.&A.M.
- ◆ Family Support Group
- ◆ Memorial, Robert Fulton, Emerson, and Jose Marti Schools

In addition to the balloons sponsored by Crystal Party Fiesta and water and snacks provided by the 5th Masonic District, KTU was there to get the people pumped up by playing music, organizing games and handing out prizes.

*Además de los globos patrocinado por Crystal Party, y el agua y bocados proveidos por Fiesta y los masones (Freemasons), KTU estuvo presente entreteniendo a los participantes con música, juegos y regalos.*

Thank you walkers, volunteers, sponsors and staff for making this event such a great success! To view photos from the walk go to: [www.arcnj.org](http://www.arcnj.org).

*¡Gracias a los que caminaron, los voluntarios, patrocinadores, y nuestro personal por hacer este evento un éxito! Para ver fotos de la caminata visite: [www.arcnj.org](http://www.arcnj.org).*



Sandra Vasquez poses with KTU DJs.

# Thanks to the generous sponsors of Step Up for The Arc Walk 2006

## SILVER SPONSORS

We would like to thank The Provident Bank Foundation for becoming a Silver Sponsor for our walk 2006.  
*Queremos agradecerle a Provident Bank Foundation por convertirse en un patrocinador de plata para nuestra caminata del 2006.*



We would like to thank TD Banknorth for sponsoring our walk in memory of Mike Schiavone.  
*Queremos darle las gracias a TD Banknorth, en memoria de Mike Schiavone, por patrocinar nuestra caminata.*



**Banknorth**

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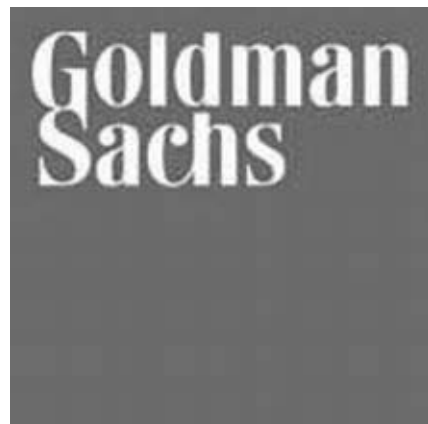
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We couldn't have done it without you...



We also would like to thank our “Friends of The Arc” Sponsors:

*Queremos Agradecerles a Nuestros Amigos por patrocinar el evento The Arc Of Hudson County:*

- ◆ Rational Construction
- ◆ Shop Rite Inserra
- ◆ Direct Bail Bonds
- ◆ Financial Benefits
- ◆ Gotham Billiards
- ◆ PSE&G

- ◆ James Braddock North Hudson Park
- ◆ The Cruz Family - Harrison NJ
- ◆ Kearny Federal Savings
- ◆ LMN OP Closing Junctions, LLC
- ◆ Jersey Garden Mall
- ◆ Hudson Home -N- Health
- ◆ Sparrow Wine & Liquor - Hoboken
- ◆ Summit Pizza - Union City
- ◆ Forest Smoke Shop - Hoboken
- ◆ Giovanni Grocery/Café -Union City
- ◆ Family Support Group-Hudson County
- ◆ Pacific Water Corp.
- ◆ Food Bazar - West New York
- ◆ Crystal Party Fiesta

### Schools / Escuelas

We would like to thank all the schools who participated in our walkathon:

*Queremos agradecerles a las escuelas que participaron en nuestra caminata:*

- ◆ Memorial High School - West New York
- ◆ Robert Fulton School - North Bergen
- ◆ The Horace Mann School
- ◆ North Bergen Recreational Center
- ◆ Emerson High School - Union City
- ◆ Jose Marti Middle School - Union City
- ◆ John F. Kennedy School - North Bergen

## Beneficiaries Face Documentation Requirements *Beneficiarios Enfrentan Requisitos De Documentación*

New federal law went into effect on July 1, 2006 that requires Medicaid beneficiaries to provide evidence of U.S. citizenship or nationality to receive benefits. Here is how it will effect people with disabilities in New Jersey:

*Una nueva ley federal entró en efecto el 1 de Julio del 2006 que requiere a los beneficiarios de Medicaid que proporcionen evidencia de ciudadanía o nacionalidad Americana para recibir beneficios. Aquí esta cómo afectará a las gentes con discapacidades en Nueva Jersey:*

### If you **ALREADY HAVE**

#### SSI and Medicaid

- The proof of citizenship issue will occur when individuals are recertified.
- NJ Medicaid has always asked for citizenship documentation for persons who applied for SSI benefits, therefore these individuals will not be asked to provide documentation.
- NJ Medicaid is not anticipating any citizenship documentation problems for SSI individuals when they need to be recertified.

#### If you are **APPLYING FOR** SSI and Medicaid

- Everyone will need to follow the new requirements to prove their U.S. citizenship. However, people applying for SSI will see no change because they have always been required to prove that they were U.S. citizens.
- Individuals will no longer be permitted to self-declare that they are U.S. citizens. The guidance from CMS describes four levels of documentation that are permitted to verify proof of citizenship.

*Sí Ya Tiene SSI y Medicaid: Si usted esta aplicando para*

#### SSI o Medicaid:

- La prueba de ciudadanía ocurrirá cuando los individuos sean re-certificados.
- NJ Medicaid siempre ha pedido documentación de ciudadanía para personas que solicitaron beneficios de SSI, por lo tanto estos individuos no tendrán que proporcionar nueva documentación.
- NJ Medicaid no esta anticipando problemas en documentación de ciudadanía para individuos con SSI cuando necesiten ser re-certificados.
- Cada persona necesitará seguir los nuevos requisitos para probar su ciudadanía en Los Estados Unidos. Sin embargo, la persona que solicite SSI no verá ningún cambio porque siempre han requerido probar ciudadanía Americana.
- Individuos ya no podrán declararse a sí mismo como ciudadanos Americanos. La dirección del CMS describe cuatro niveles de documentación que se permitan para verificar la prueba de ciudadanía.

## WHAT YOU NEED TO KNOW ABOUT MEDICARE PART D

- Dual eligibles (people with Medicare and Medicaid) who are enrolled in Medicare Part D should not receive any monthly bills from the prescription drug plan and they should not have any co-pays.

- The Centers for Medicare and Medicaid Services (CMS) has made the recent mistake of auto-assigning some dual eligibles to a prescription drug plan - even though they have previously told CMS that they are declining enrollment into Medicare Part D because they have private prescription drug coverage that is as good as Medicare Part D. In most cases, dual eligibles should not receive both Medicare Part D and private prescription drug coverage.

- NJ's Medicaid wrap-around will pay for most non-formulary drugs for dual eligibles. However, before the wrap-around funding can be used, the doctor must fax an exception request to the drug plan. The Arc of New Jersey has the model form that all doctors can use. It is available upon request to Diane Flynn at The Arc of NJ, (732) 246-2525, ext. 28.

## LO QUE NECESITA SABER DE MEDICARE PARTE D

- Los elegibles duales (personas con Medicare y Medicaid) que están inscrito en la parte D de Medicare no deben recibir ningunas cuentas mensuales del plan de drogas prescritas y no deben tener ningún co-pago.

- Los Centros de servicios de Medicare y Medicaid (CMS) ha cometido en la equivocación de auto-asignar algunos elegibles duales a un plan de droga prescritas - aunque previamente le han dicho a CMS que no están elegible la inscripción a la parte D de Medicare porque tienen cobertura privada de droga prescrita que es equivalente de bueno como la parte D de Medicare. En la mayoría de los casos, los elegibles duales no deben recibir la parte D de Medicare y la cobertura privada de drogas prescritas

- El wrap-around del Medicaid de NJ pagará por la mayoría de las drogas sin formulario para los elegibles duales. Sin embargo, antes de que el financiamiento del wrap-around pueda ser utilizado, el doctor debe enviar por telefax una petición de excepción al plan de drogas. The Arc of New Jersey tiene el formulario que todos los doctores pueden utilizar. Está disponible con solicitud atravez de Diane Flynn al (732) 246-2525 extensión 28.

Supporters of The Arc of Hudson County  
*Patrocinadores De The Arc of  
Hudson County*



Thank you Bennigan's for supporting The Arc in Hudson County.

*Gracias Bennigan's por apoyar The Arc of Hudson County.*



**of Hudson County**

Thank you for supporting The Arc with \$2,500 grant for our programs and services.

*Gracias United Way of Hudson County por patrocinar \$2,500 The Arc para nuestros programas y servicios.*

SPECIAL THANK YOU to Carol Crystal, a certified massage therapist, for supporting us. Feel younger and less stressed with therapeutic massages and learn to eat healthy with advice from a certified holistic health counselor with no deprivations, no expensive ingredients, and no complicated preparations! Contact Carol at 201-913-2864/CeeCrystal@aol.com or simply go to her facility located at 50 Harrison St. Hoboken, NJ 07030.

*UN AGRADECIMIENTO ESPECIAL a Carol Crystal, una terapeuta certificada de masajes, por apoyarnos. ¡Sientase mas joven y menos tensionados con masajes terapéuticos, y aprenda a comer sanamente con requisitos de una consejera certificada en salud holistica sin provisiones, ingredientes costosos, ni preparaciones complicadas! Contacte a Carol al 201-913-2864/CeeCrystal@aol.com o simplemente visite su facilidad localisada en 50 Harrison St. Hoboken, NJ 07030.*

Also, thank you to Yolanda Quintero, from the Family Support Group, Crystal Party Fiesta, Department of Public Resources Division of Park-James Braddock Park in North Bergen, Union City Police Department-Emergency Medical Services (EMS) and Hudson County -Sheriff Department.

Thank You To Our State  
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*Gracias A Nuestros  
Patrocinadores*



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# Resources / Recursos

## **The New Jersey Center for the Autism Community (COSAC)**

El Centro de la Comunidad Autista de Nueva Jersey (Cosac)

1(800) 4-AUTISM (1-800-428-8476)

## **Statewide Parent Advocacy Network, Inc.**

Organización de Recursos para Miembros de Familia

1(800) 654-SPAN (1-800-654-7726)

## **NJ Division of Developmental Disabilities (Northern Region)**

Division de Discapacidades de Desarrollo (Region del Norte de Nueva Jersey)

(973) 977-4004

## **New Jersey Managed Health Care Consumer Assistance Program (MHCCAP)**

Programa de Asistencia Médica en Nueva Jersey

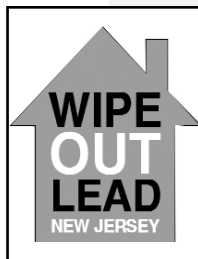
1 (888) 838-3180

## **WIPE OUT LEAD**

Lead poisoning affects children by causing a variety of developmental and other health problems. It is contracted by lead-contaminated materials entering the bloodstream. Common sources of lead include old water pipes, lead paint and dust, and contaminated soil.

A new statewide campaign called Wipe Out Lead NJ has been designed to give FREE access to lead dust-testing kits. Kits are to be given to pregnant women at hospitals, prenatal clinics, doctors' offices, and women's health centers throughout the state.

The focus is on housing built before 1978 in 25 cities across the state, including Jersey City. For more information call 1.888.722.2903, or visit the NJ WebSite at [www.state.nj.us](http://www.state.nj.us) and click on Wipe Out Lead NJ.



## **PREVENCION ACERCA DEL PLOMO**

El envenenamiento de plomo afecta a los niños causandoles una variedad de problemas de desarrollo mental y otros problemas de salud. Esto se contrae por medio de materiales

contaminados con plomo que hacen contacto con la circulación de la sangre. Algunos materiales comunes que contienen plomo incluye tuberías viejas de agua, pinturas con plomo, polvo, y tierra contaminada.

Una nueva campaña estatal llamada Wipe Out Lead NJ (Desagase del Plomo en NJ) ha sido diseñada para proveer acceso gratis a botiquines con herramientas que examinan por plomo y polvo, (lead dust-testin kits). Estos botiquines seran entregados a mujeres embarazadas en los hospitales, clinicas, oficinas de doctores, y centros para la salud de la mujer en todo el estado.

El enfoque esta en viviendas construidas antes del año 1978 en 25 ciudades atravez del estado, incluyendo Jersey City. Para más información llame al 1.888.722.2903, ó visite la pagina de internet del estado de Nueva Jersey al [www.state.NJ.US](http://www.state.NJ.US) y oprima en la sección Wipe Out Lead NJ.

# Become a Member



# Support The Arc

Join us and support The Arc of Hudson County

By joining The Arc of New Jersey in Hudson County you will be joining over 6,000 individuals with intellectual and developmental disabilities and their families across the state who are concerned about individuals with developmental disabilities.

By simply filling out the form below you can become informed about:

- ◆ Early childhood issues
- ◆ Special education
- ◆ Family support
- ◆ Housing
- ◆ Employment
- ◆ Self-Advocacy

Únase a nosotros y Apoye The Arc Of Hudson County

Al unirse con The Arc of Hudson County estará apoyando a mas de 6,000 individuos con discapacidades intelectuales y del desarrollo y a sus familias.

Por simplemente llenar el formulario debajo usted puede llegar a ser informado sobre:

- ◆ Problemas en la Niñez
- ◆ Educación Especial
- ◆ Apoyo Familiar
- ◆ Vivienda
- ◆ Empleo
- ◆ Abogacía

**A full year's membership is just \$25! So don't delay - join today!**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Enclosed is my check in the amount of \$25.00 for a one-year membership for The Arc of Hudson County.  
Incluido esta mi cheque por la cantidad de \$25.00 para la membresía por un ano para El Arc en Hudson County.

Please bill my: (circle one) Visa or Mastercard  
Por Favor mande la cuenta a mí: (circule uno) Visa o Mastercard

Card Number/ Numero De Tarjeta:

\_\_\_\_\_

Exp. Date/Fecha de Expiración: \_\_\_\_\_

Signature/Firma: \_\_\_\_\_

*Please mail completed application to / Por favor mande su aplicación completada a:  
The Arc of Hudson County 405-09 36th Street Union City, NJ 07087*

# **SAVE THE DATE / RESERVA LA FECHA**

*Every 2nd Friday of the month*  
La Segunda Semana de Cada Mes

Bilingual Family Support Group. (6-8 pm)  
Grupo De Apoyo Familiar (6-8pm)

*October 13, 2006*

AmeriGroup Information about diabetes, asthma, and stress (6-8pm)  
AmeriGroup Informacion sobre la diabetes, el asma y el estres (6-8pm)

*October 26, 2006*

Fall Cocktail Fundraiser (6pm)  
Evento de Coctel (6pm)

*October 31, 2006*

Halloween Party  
Fiesta del Día De Las Brujas

*November 9, 2006*

Family Support Group Plan for the Holiday Christmas Party (6-8pm)  
Grupo de Apoyo Familiar Planificará fiesta de las Navidades (6-8pm)

*December 8, 2006*

Holiday Party (6-8pm)  
Fiesta de las Navidades (6-8pm)

*January 12, 2007*

"Educational Rights of Students with Disabilities" (6-8pm)  
"Derechos Educativos para Estudiantes con Incapacidades" (6-8pm)

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